

1. Watch chapter 6 from the Animated Complete Learning System, Alma and the Zoramites DVD.
(Video clip provided online for viewing.)

2. A personal testimony is a wonderful thing, a gift from God to man.

“A testimony is a conviction, a quiet inward certainty of the reality of the living God, of the divinity of His Beloved Son, of the restoration of Their work in this time. It demands that we do what He has asked us to do.” *Gordon B. Hinckley, Friend, Oct. 1998, © 2006 Intellectual Reserve, Inc. All rights reserved.*

3. A testimony of the Savior and His gospel is essential to our exaltation.

There are three things that need to happen in order to grow a testimony. First you need to know that Jesus Christ is the Son of God and atoned for our sins. Second you need to believe that Joseph Smith was a prophet of God and that he was called to restore the gospel. Third is the knowledge that the Church of Jesus Christ of Latter-day Saints is the **only** true Church upon the face of the earth.

4. Do you have to grow your own testimony or can someone give you a testimony?

If can not rely on someone else’s testimony. Listening to others testimonies can help your testimony to grow, but it is up to you to gain a testimony for yourself through prayer and study.

5. Reading the Book of Mormon will help your testimony grow.

“While the Book of Mormon speaks with power to the issues that affect our modern society, the great and stirring burden of its message is a testimony, vibrant and true, that Jesus is the Christ, the promised Messiah....Read the Book of Mormon, there will come into your lives and into your homes an added measure of the Spirit of the Lord, a strengthened resolution to walk in obedience to His commandments, and a stronger testimony of the living reality of the Son of God.” *President Gordon B. Hinckley, Ensign Aug. 2005, © 2006 Intellectual Reserve, Inc. All rights reserved.*

6. How do you know if you have a testimony?

“And by the power of the Holy Ghost ye may know the truth of all things.” (Mormon 10:4.)

7. We bear testimony not only in words but in the way we act—even in the way we dress.

Explain that a testimony motivates us to live righteously, and righteous living causes a testimony to grow.

8. End by sharing your testimony.