

**1. Watch chapter 4** from the animated Complete Learning System, *The Lord's Prayer* DVD. (Video clip is also provided for viewing online.)

**2. Read** Matthew 7:7–8

“Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you: For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.”

**3.** Sometimes children and parents are apart for a time and can't see each other. (Give an example: “Remember when Mommy went to the hospital to have the baby? or when Daddy was away on business.”)  
**How can we talk to them, during these times, so that we can feel near to them and feel of their love?** (Call them on the phone, email, write letters, etc.)

**4.** Even though we can't see our Heavenly Father, He is near and He wants us to talk to Him and feel His love for us.

**How can we talk to Heavenly Father?** (Through prayer.)

**5. What would you do if you had a hole in your shoe?** (Discuss how children would need *talk* to their parents about the problem and *ask* them for a new pair of shoes.)  
Parents love their children and will do everything in their power to help them. Heavenly Father also loves us, His children, and wants to help us.

**If you didn't talk to your parents for a whole day, would they be sad?** (Parents talk about how you would feel if your children didn't talk to you.)

**Do you think it makes Heavenly Father sad when we don't talk to Him?** (Yes.)

**6. Does Heavenly Father know what is best for us?**

Learn to accept His will in all things. “As you pray like Christ, you can become more like Christ. Because of my early childhood training, I never felt, as some do, that I was foolish in kneeling by the side of a bed and speaking out into open space. But all who follow the Lord's commandment to pray soon learn, as I have, that our prayers are heard and answered. They learn that God is closer to us than we ever know.” *Bernard P. Brockbank, New Era, Dec 1981* © 2007 Intellectual Reserve, Inc. All rights reserved.  
unkind to us.)

**7.** The Lord's Prayer is a masterful model for our prayers. When we pray there are four basic steps to follow, but we should always remember to make our prayers meaningful and really talk to Heavenly Father and not just recite our prayers.

**What are the four basic steps?**

(1–Address: “*Our Father in Heaven.*” 2–Give thanks: “*We thank thee.*” 3–Ask: “*We ask thee.*” 4–Close: “*In the name of Jesus Christ, amen.*”)

**8. Can you talk to Heavenly Father about anything?** (Yes.)

When you pray do not hurry. Voice the feelings of your heart while speaking to Him with reverence. Tell Him how much you love Him. Thank Him for your blessings and ask Him for the blessings you need. Share with Him your feelings and the things that make you happy and the things that make you sad or frightened. Tell Heavenly Father of your love for His Son, Jesus Christ and ask for the Holy Ghost to be with you.

**Quote:**

“What a marvelous and wonderful thing is prayer...We can actually speak with our Father in Heaven. He will hear and respond, but we need to listen to that response. Nothing is too serious and nothing too unimportant to share with Him.”

*Gordon B. Hinckley, Friend, Jan 2006* © 2007 Intellectual Reserve, Inc. All rights reserved.