

**1. Watch chapter 10** from the animated Complete Learning System, *He Is Risen* DVD. (Video clip is also provided for viewing online.)

**2. What does it mean to be resurrected?** (When we die our spirit leaves our body. When we are resurrected the body is re-united with the spirit.)

**3. Sing together:** Children's Songbook #64 "Did Jesus Really Live Again?"

**4. How do we know that Jesus lived again after He was dead?** (Discuss with your family the many people who are witnesses. Be sure to include the prophet Joseph Smith. Also discuss that through the Holy Ghost we can know for ourselves.)

**5. Will we be resurrected after we die?** (Yes)

"All of us will die. But that will not be the end...just as He took up His body and came forth from the tomb, even so shall all of us enjoy a reunion of body and spirit to become living souls in the day of our own 'resurrection'. Jesus made it possible for us to be resurrected like he was. This means that each of us will live again after we die." *President Gordon B. Hinckley, Ensign, 1997 © 2007 Intellectual Reserve, Inc. All rights reserved.*

**6. How can the knowledge of the resurrection bring us comfort when a loved one passes away?**

"To all who have lost loved ones, we would turn Job's question to an answer: If a man die, he shall live again... Through tears and trials, through fears and sorrows, through the heartache and loneliness of losing loved ones, there is assurance that life is everlasting... He became the firstfruits of the Resurrection. Because He died, all shall live again." *Thomas S. Monson, 2007 General Conference © 2007 Intellectual Reserve, Inc. All rights reserved.* For entire talk see: *I Know That My Redeemer Lives.*

**7. We will all be resurrected, but what do we need to do in order to be an eternal family and live with Heavenly Father and Jesus again, once we are resurrected?** (Be sealed in the temple, keep the commandments, etc.)

**8. When Jesus appeared to His disciples, how did they know that Jesus was resurrected and not just a spirit?** (They touched Him.)

"Behold my hands and my feet, that it is I myself: handle me, and see; for a spirit hath not flesh and bones, as ye see me have. And when he had thus spoken, he shewed them *his* hands and *his* feet." [Luke 24: 39-40].)

**Quote:**

"Because our Savior died at Calvary, death has no hold upon any one of us."

*President Thomas S. Monson, Ensign, May 2007 © 2007 Intellectual Reserve, Inc. All rights reserved*